

CELEBRATING SPIRITUALITY

WITH PEOPLE WHO HAVE DEMENTIA

DR. GEMMA M.M. JONES

Dementia Care Consultant, Nurse and
Co-founder of the first Alzheimer Café in the UK

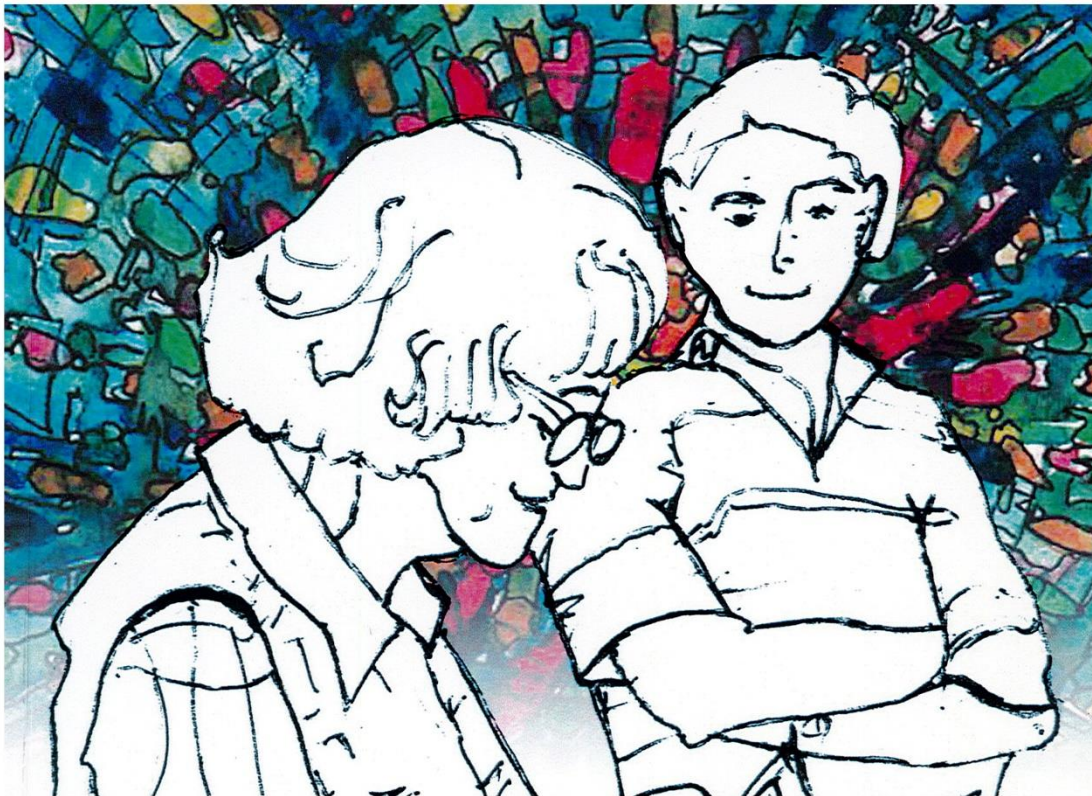
April 4-5, 2018 // 9:00 AM - 4:00 PM

Carey Centre

5920 Iona Drive, Vancouver, BC V6T 1J6

For more information and/or to register, visit

alzheimercafe.carey-edu.ca



Artwork by Dr. Gemma M.M. Jones

CAREY

AlzheimerSociety
BRITISH COLUMBIA



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senior living magazine

Canadian Baptists
OF WESTERN CANADA

first

New Horizons for Seniors Program
Engaging Seniors, Strengthening Communities

the
light
magazine
inspiring faith for everyday life



ST. MARK'S COLLEGE

Celebrating Spirituality With People Who Have Dementia

DATES: APRIL 4th to 5th, 2018

TIME: 9:00AM - 4:30 PM

LOCATION: CAREY CENTRE
5920 Iona Drive, Vancouver, BC

This course is an interactive course, with stories, presentations, demonstrations, examples and discussion. This course aims to provide information about dementing illnesses to members of faith communities to help reduce misunderstandings and fear about dementia and to help them support people with dementia and to celebrate their spirituality as fully as possible and wherever possible.

This course encourages participants to consider the dementia process to understand changing abilities and needs of people as they progress through all stages, as well as the sensory changes in old age and dementia, which can limit perception, comprehension, and participation.

Participants will examine worship for the spiritual care for older people, including people with dementia. The course will also examine adaptations for people in different stages, as well as spiritual connectedness.

Who Should Attend This Course?

Family members and friends who are caring for and supporting people with dementia

Social workers and medical professionals

Senior care and memory care workers

Celebrating Spirituality with People who have Dementia: YOU ARE NOT ALONE

DATE	TIME	SPEAKER	DESCRIPTION	VENUE
April 4, 2018, Wednesday	09:00 - 09:30	Arrival, registration and refreshments		
	09:30-09:35	Dr. Rob Patterson	Welcome	
	09:35 - 10:40	Dr. Gemma Jones	Part One: Introduction to dementia – more than difficulties with memory	Lecture Hall
	10:40 - 11:00	Refreshment Break		
	11:00 -12:30	Gemma Jones	Part Two: Understanding the 'Behavioural Stages' of dementia	Lecture Hall
	12:30 - 13:30	Lunch		
	13:30 – 14:45	SEMINARS		
		Rev. Doug Johnston	THE WORLD OF DEMENTIA: Part One: Connection “An Introduction into the World of Dementia”	Lecture Hall
		Laurie Duke, R.N.	Parish Nursing: An Idea Whose Time has Come (Again)	Seminar Room
	14:45 – 15:00	Refreshment Break		
	15:00 – 16:15	SEMINARS		
		Rev. Doug Johnston	THE WORLD OF DEMENTIA: Part Two: Focus: “Practical Aspects of Entering into the World of Dementia”	Lecture Hall
		Mary Dickau	Sacred Dying: Moving towards Peace	Seminar Room

April 5, 2018, Thursday

09:00 - 09:30		Arrival, registration and refreshments	
09:30-09:35		Welcome	
09:35 - 10:40	Dr. Gemma Jones	Part Three: Understanding Perceptual Changes in Dementia	Lecture Hall
10:40 - 11:00	Refreshment Break		
11:00 -12:30	Dr. Gemma Jones	Part Four: Ideas for reaching people where they are, one-to-one and in groups	Lecture Hall
12:30 - 13:15	Lunch		
13:15 - 14:30	SEMINARS		
	David Morrison	A Pastoral Theology for End of Life Care	Prayer Room
	Patsy Pearce and Farzana Latif	Story Keepers: Capturing and Releasing the Life Stories of People with Dementia	Lecture Hall
14:30 - 14:45	Refreshment Break		
14:45 - 16:00	SEMINARS		
	David Morrison	A Pastoral Theology for Care at the End of Life	Prayer Room
	Patsy Pearce and Farzana Latif	Story Keepers: Capturing and Releasing the Life Stories of People with Dementia	Lecture Hall
16:00 - 16:05	Dr. Rob Patterson	Closing: Hand out Attendance Certificates and Public Questions	Lecture Hall

About Dr. Gemma M.M. Jones



Gemma has a passion for educating people in effective and comprehensive dementia care. She earned her HBS in Zoology in the University of Western Ontario, and her BSN in Nursing from UBC in 1985. She then earned a PhD in psychology from the University of London, Institute of Psychiatry, and has since spent over 30 years contributing to developing and identifying the knowledge base to help professionalize the new field of 'dementia care' internationally.

Dr. Jones has taught at many international universities including the South Bank Polytechnic, London, UK; the Admiral nursing programme (formational years of the specialist community dementia nurses, in London, UK); the Univ. of Utrecht post-graduate geriatric nursing programme, and the Erasmus Univ., Rotterdam, and continues today to teach on a freelance basis. One of her most influential courses, "Lighting DARC - Dementia Awareness Reaching Communities", has been taught over 1000 times to people from the public who have an interest in dementia, including police and safety offices. Dr. Jones was the founder of the first Alzheimer Café (AC) in the UK, in Farnborough, borrowing from the example of Dr. Bere Miesen, who founded the first Alzheimer's Café in the Netherlands in 1997.

In 2008, Dr. Jones became the founding Chair of the AC - UK Charity. There are now more than thirty AC's in the UK. Dr. Jones' work moves away from diagnosis and medication to address the central needs of individuals and their caregivers. Dr. Jones has published several books on caregiving and dementia. She is renowned worldwide for her expertise on dementia, elder care, and Alzheimer's research, and is credited with helping change the approach of community health workers around the world when treating and assisting patients and their caregivers.

What People Say About Alzheimer Café

"Every medical student would learn from attending it."

Professor Tony Bayer, Acting Head of Department of Geriatric Medicine and Director of the Memory Team, Cardiff; and Editor in Chief of Reviews in Clinical Gerontology

"An invaluable resource for health and social care professionals to learn about the invisible needs."

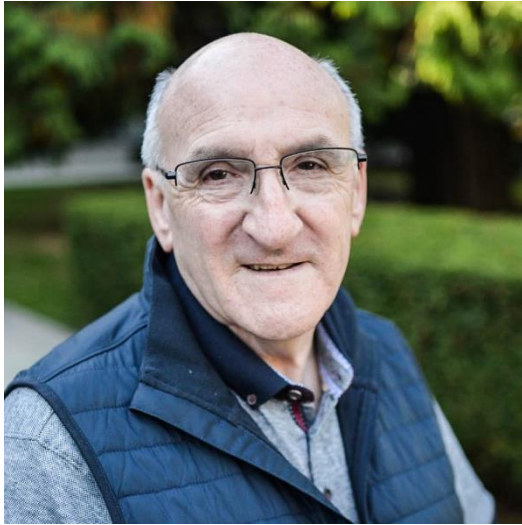
J Martensson Hemsted

"I can't remember seeing my wife as happy as this in a very, very long time. Thank you." Carer, Cove

"This is how it's meant to work, everyone, the families and all the professionals, talking together at the same time to solve problems."

Service Manager, Social Services, Aldershot

About Rev. Doug Johnston



Doug's early work with folks living with dementia began in *Shaughnessy Veterans Hospital Vancouver*, where for 21 years he practiced as a Nursing Orderly/Technician. From there he began his studies to enter the Christian ministry majoring in "Family Ministry".

In the 30 years he served with the Canadian Baptists of Western Canada, Doug was indirectly or directly personally involved with folks living with dementia.

In "**The World of Dementia**" seminars, Doug will share his personal experience working with those living in the world of dementia and Alzheimer's. He will share about his personal involvement with the residents how he related and communicated with them and journeyed with them into their new world. His most recent involvement was serving as Chaplain for the *Bethany Care Society* in Calgary where he pioneered group interactive sessions with the residents. This required preparing "Profile Analysis" of the residents which included in-depth interviews with the friends and family of their loved one, allowing him to also give them support and encouragement.

It is his hope that the relational dynamics presented in this seminar can be applicable to all who have a relationship with someone living in the world of dementia.

The World of Dementia

A two-part workshop that will use story as a means to explore the understanding of dementia.

Part One: Connection

An Introduction to the World of Dementia (April 4, 1:30 p.m. – 2:45 p.m., Lecture Hall)

Part Two: Focus

Practical Aspects of Entering into the World of Dementia (April 4, 3:00 p.m. – 4:15 p.m., Lecture Hall)

About Laurie Duke, RN, Parish Nurse



Laurie has worked for over 25 years as a registered nurse and mentor within an interdisciplinary team in an Acute Geriatric Psychiatry setting.

She has also served in many capacities across the leadership spectrum of the organization of L'Arche for 15 years, from Director of

Residential Services in the local community in Burnaby, to Vice-Regional Coordinator of Western Canada, and is now connected as a confirmed member.

Laurie draws heavily from these experiences in her work as a parish nurse. In this role, she volunteers with a local church on a health council and is actively engaged in shaping thought around the role of the church in caring for each other and for our communities and neighborhoods. She is engaged with The Canadian Association for Parish Nursing Ministry and preparing for their national conference next year.

Parish Nursing: An Idea Whose Time has Come (Again)

The parish nurse, as a bridge between the health care system and the faith community, can assist the Canadian Christian church in re-connecting to its missional call to bring healing in Jesus' name.

Establishing a parish nurse ministry can assist the church in reintegrating into the mainstream of society, where true wholistic care (body, mind/soul and spirit) is currently nowhere to be found.

The parish nurse has the unique capacity to engage in all dimensions of health caring that will aid in individual health and healing within the church and its ministries.

(April 4, 1:30 p.m. – 2:45 p.m., Seminar Room)

About Mary Dickau



For the past 15 years, Mary has hosted weekly rhythms of prayer and met people for Spiritual Direction and Healing Prayer at *Stillpointe Urban Retreat*. In the last nine years, she has also worked for *Beulah Garden Homes Society*, providing Community and Spiritual Care.

She is passionate about looking for the movement of God's Spirit as found within the stories of life.

Sacred Dying: Moving Towards Peace

This workshop will explore how the Spirit of Life continues to heal and transform in the journey of the dying, along with perspectives on how to companion that work.

(April 4, 3:00 p.m. – 4:15 p.m., Seminar Room)

About David Morrison



For over 25 years, David Morrison provided pastoral care, teaching and leadership within four different churches among the Canadian Baptists of Western Canada. Churches small, medium and large; rural and urban. In 2006 he left the congregational pastoral context to provide pastoral care (religious and spiritual care) in the public healthcare setting.

David was the Spiritual Care Provider for the Intensive Palliative Care Unit at the *Foothills Medical Centre* in Calgary, Alberta for ten years prior to his retirement in 2017. The IPCU is a tertiary level Palliative Care Unit (like an ICU for patients dealing with a terminal diagnosis or life limiting illness). As a full-time regular member of the interdisciplinary team on the IPCU, he contributed to the care of patients with complex symptoms and existential distress. In these diverse contexts, David reflected on what it meant to be a pastor and will attempt to engage his wide experience for the benefit of the workshop participants.

He earned the MCS, MDiv and DMin degrees at Regent College and Carey Theological College, Vancouver. He also is certified and a Spiritual Care Specialist with the Canadian Association for Spiritual Care

A Pastoral Theology for Care at the End of Life

What ideas and belief support and shape our care for people who are nearing the end of life?

In this workshop, David will invite participants to reflect on their own mortality. He will outline some aspects of the theology that motivates, grounds and directs his approach to pastoral care at the end of life. The workshop is meant to be seminal rather than prescriptive and space will be made for personal reflection and discussion. David intends to describe a theology for those who dwell among the mysteries of life and death, community and individuality, humanity and divinity to stimulate and support participants as they work on their own unique theological perspective.

(April 5, 1:15 p.m. – 4:00 p.m., Prayer Room)

About Farzana Latif



Farzana Latif is a public health consultant who trains professional and family caregivers to understand dementia and provide dementia care.

About Patsy Pearce



Patsy Pearce is a retired speech and language pathologist whose clinical work focused on narrative development in children.

StoryKeepers: Capturing and Releasing the Life Stories of People with Dementia

How to facilitate sharing life stories and why they are important for people with dementia.

Farzana and Patsy provide Life Story Writing Groups for residents in care facilities

(April 5, 2:45 p.m. – 4:00 p.m., Lecture Hall)

Need more information about Alzheimer Café?

Visit
**alzheimercafe.carey-
edu.ca** for the complete
list of events, venues,
dates, times and
registration fees. You
may also send an e-mail
to
**alzheimercafe@carey-
edu.ca** or call (604)
225 5920 and look for
Edwin Hauris.